

### Assistive Technology

Are you looking to support a loved one without being invasive and without having to be there 24/7 “just in case” there’s a need? SimplyHome systems give individuals independence for as long as possible, while giving family members and caregivers peace of mind. The SimplyHome system creates a virtual living environment to track specific activities within the home. The system then reports those activities to designated family members or caregivers through alerts and the SimplyHome Web Portal.



### How It Works

Each system is tailored to the individual. With the use of discrete sensors throughout the home, the SimplyHome system is programmed to respond when there is a problem. The system instantly sends alerts to designated family, friends, caregivers, case managers or other professionals via email and/or cell phone call or text message according to each individual’s specific rules. Our “Up & About” and “Exception Data” features send an alert if a sensor does NOT sense activity during a designated time; i.e. 9 a.m. to 12 noon.

### What Are Your Concerns?

**Falls-** Each year, one in every three adults age 65 and older falls. The system can alert others automatically within minutes **without** the press of a button.

**Cooking-** The stove sensor can distinguish whether an individual is actively cooking or has stepped away and forgotten the stove was on.

**Medication-** A medicine cabinet sensor or dispenser can generate a friendly reminder to a loved one to take their medication and alert someone accordingly if their medication was not taken.

**Wellness-** Weight, blood pressure, and glucose readings can be tracked automatically using off the shelf devices.



# SimplyHome® *One Family's Story*



*"I purchased the system for my mother who was living at home and was not interested in moving into an assisted-living facility. I wanted some security as to how she was doing on a daily basis, if I was unable to check in on her personally. I can't tell you what a blessing the system was for me and the peace of mind it gave me. "*

*Donna H.-Daughter*

When I think of my mother, even at 81½ years old, I remember what an independent, and yet genuinely caring woman she was. Thus, when I heard about SimplyHome, I knew I wanted to try a system that would allow Mother to maintain her independence in her own home. We had used an alert system previously, and I knew now this alert system would be inadequate if she was to return home after being hospitalized. My mother was not interested in moving into an assisted-living facility, and I needed some security as to how she was doing on a daily basis- if I was unable to check in on her personally.

Learning the SimplyHome technology was very user-friendly. Anyone with any computer knowledge (mine being limited), could learn this system in no time. The system did exactly what I had been told it would do when I purchased it, and more. We placed three cameras in Mother's home in strategic areas where she would go, and I could virtually view her throughout her home. It was a real comfort to be able to view her (securely) and see that she was OK. I also appreciated the technology at night, when I would learn if she had left her bed for a period of time and not returned.

Mother was also prone to getting blood clots. The system would alert me via text message if she had not left her chair in more than 2 hours. The ability to individualize the system to the particular client was one of the facets I found most appealing of the SimplyHome system. The system allowed us to cater to our needs and/or change our alerts as we felt it necessary.

We found the SimplyHome system to be quite affordable for all that it offered. I appreciated the fact that there was no monthly contract for the monitoring of the system. I also found the staff of the company and installers of the equipment to be very courteous, helpful, and eager to meet my needs. The SimplyHome system and technology was what enabled us to allow Mother to live the last weeks of her life in her home...where she wanted desperately to be. It was a true comfort and blessing.

☞ *In loving memory of Vida Reid* ☞



1985 Hendersonville Road • Suite 110 • Asheville, NC 28803  
(877) 684-3581 • [www.simply-home.com](http://www.simply-home.com)

# SimplyHome<sup>®</sup> Testimonials

“The SimplyHome system allows independence but also gives the families, caregivers and support staff peace of mind while assisting them throughout the day.”

*Denise T. - BSSW/CW*

“We were even able to reduce the weekly in-home care hours from 40 per week to only 16, resulting in a saving of \$1600 per month! We truly appreciate the wonderful service!”

*Chris N. – Granddaughter*



“We are very pleased with the SimplyHome System. It is allowing mom to stay at home where she is happy and independent and it gives all of us, including my mom and my siblings, a sense of security that she is safe.”

*Dennis P. – Son*

“When I don't receive a text message at a time when my Mom should have taken her pills, I call and remind her.”

*Marcia W. -Daughter*

“Thank you! The wireless system is great! I feel my daughter is safer, which puts me at ease.”

*Elaine S. - Parent*

“Their safety is assured and skills maximized as monitoring is determined based upon the need of each client. The monitoring system has been an integral part of the success these clients have had.”

*Mary V. - Case Manager*

“Since implementing the SimplyHome wireless technology, the individual we support has no morning medication errors.”

*Christina S. - Program Manager*



*The SimplyHome System allows family members and caregivers to support their loved ones “just in case” there’s a need, without being invasive and without having to be there 24/7. The system tracks specific activities within the home, and reports to designated family members or caregivers through alerts and the SimplyHome Web Portal.*

